



## JAG

JAG is a self-taught painter, born in Montreal in 1964 under the name Johanne "Angeline" Guimond (JAG). Psychologist by training, she has worked for over 25 years in a psychiatric setting. Stimulated by new approaches, she started to give art therapy workshops in psychiatry, discovered the richness of emotional expression and became fascinated by abstract art.

After a much needed career transition, JAG now invests herself fully in her passion that is abstract painting. She appreciates the free artistic expression it allows her, with no barriers or censorship. Guided by the internal rhythm of her emotions, she harnesses and embraces the power of "letting go". JAG loves the contrasts of textures, movements and colors. She loves to integrate ashes to her paintings in order to reproduce the desired artistic effects and, generally, works on several paintings at once. Her work is the expression of her imagination and takes shape after several passages and drying phases. She likes to see from different angles leading her to paint on the floor or on the wall with basically everything that comes to hand: brushes or spatulas.

JAG is inspired by abstract expressionism which is gestural, intuitive and impulsive.